President’s Letter

The past few weeks have been a challenge for many of our members dealing with flooding, no power or heat and an early snowstorm. We appreciate your understanding if you missed a lecture or if an activity needed to be cancelled. Through their creativity and the use of the internet the committees and the board have managed to keep YUWO running and on schedule.

We hope you will join us at the YUWO annual holiday party to be held on Sunday, December 2, from 4 to 6 pm in the Cultural Arts Center located in Whitney Center, 200 Leeder Hill Rd. (South Entrance) in Hamden. The Cultural Arts Center is located on the ground level with a covered entrance for drop off and there is ample parking in the garage. The holiday party committee has been working diligently to make this a lovely celebration to start the holiday season. Please remember to bring a favorite sweet or savory dish to share with everyone. We encourage you to bring friends as our guests.

The party is a wonderful and festive way to support our YUWO scholarship program. Again this year a number of the activity groups are preparing baskets reflecting their interests to be raffled and some select items will be featured at the silent auction. Please contact Stephanie Jatlow (203-389-2044), Johanna Becker (293-248-6391), Chaline Johnson (203-453-6305) or Julie Moore (203-777-3765) for information regarding baskets or silent auction items and to arrange drop off or pick-up times.

We wish you a Happy Thanksgiving and we hope to see you and your guests at the Cultural Arts Center on December 2nd.

Lunch and Learn

On Tuesday, November 27th at noon at the Yale Visitor Center on Elm Street, Linda Greenhouse, renowned authority on the Supreme Court and the Constitution and Yale Law School professor, will talk with us about the impact of the election on those great institutions. Space is limited, so please arrive early. Seating will be on a first come first serve basis. We can accommodate a maximum of 70 people at the Visitor Center. As usual, coffee, tea, and dessert will be provided.

December Books

Tuesday, December 4 1:30-3:00 p.m. Truth and Beauty by Ann Patchett. Raejeanne Kier (203-287-2443)

Monday, December 10 2:00 p.m. The Birth of Venus by Sarah Dumont. Irene Smith (203-248-2949).

Tuesday, December 11 2:00 p.m. Decline and Fall by Evelyn Waugh. Lynn Howe (203-606-0370).

Thursday, December 13 9:30 a.m. The Heart of the Matter by Graham Greene. Eleanor Radune (203-483-6528).

Monday, December 17 2:30 p.m. Planning meeting. Elena Mattson (203-453-4274).
Activities

**French Conversation** -- We will now meet on Tuesdays, instead of Mondays. The meetings are still at 2:00 pm at Chestnut Fine Foods in New Haven.

**Music Together** – December 5. Vista, French look at chamber music, YSM ensembles, 8 pm, Sprague Hall. Dinner at China Great Wall, 67 Whitney Avenue, at 6:30 p.m. Call Raejeanne Kier (203-287-2443), or Charlotte Moulyn (1-203-386-1453).

**Spring Study Group**

Our Spring 2013 Study Series will be "The Yale University Art Gallery: Part II" with five speakers who are Curators of collections not covered in our Fall 2010 talks on the Art Gallery. It will again be held at the New Haven Lawn Club on Wednesdays, from 10:30 - 11:30 am, beginning **March 27** and ending on April 24. Details and a signup form will be in the February and March Newsletters.

<image of walking group>

**Walking Group**

The walking group enjoyed a beautiful day in October on an outing in Madison. We walked in the woods of the park at the Surf Club and then walked on the shore to the new hotel there, where most of the group went for lunch on the porch overlooking the water.

In the picture from left to right: Johanna Becker, Mary Ann Nelson, Jodi Rocquoi, and Lyn Howe

**Notes of the Yale Health Plan Representative**

The October meeting explained the workings of the SHARE Center. SHARE stands for "Sexual Harassment and Assault, Response and Education." Anyone in the Yale community may get help from this center. Two members of the Yale Police, one male, one female, have been trained to be a part of this Center and the Center has a good relationship with the New Haven Rape Crisis Center. The telephone number is 432-2000 and someone always answers right away. There are 29 members of the committee, (faculty, administrators, graduate and undergraduate students.)

There are two forms of complaints, informal and formal. For an informal complaint, the offender and victim come to a meeting in a private room and a decision is made as to what will happen. Sometimes one or the other will be moved to a different section or some other arrangement so that there is no more contact between the two people.
For a formal complaint, there is a hearing. In an acute situation, eg. rape or drugging, evidence must be collected at the YNHH emergency room and then must be locked up. Someone from the center will accompany the student to the ER if they so desire at any time of the day or night. A fact finder from outside the University is assigned, the perpetrator is notified and the fact finder meets with both parties. At the formal hearing, the student may select 5 people, there is a retired judge, and counselors. The hearing is on campus, in separate rooms but each group hears the audio.

There were 8 to 10 cases last year. 85% were sexual assault involving people who knew each other. It is more devastating when the assailant is someone known to the victim--it's harder to get the courage to report it. There have been some complaints from men who have been assaulted by women. People may call in anonymously and may also contact the Title 9 coordinator. Anyone connected to Yale can use these services, it does not have to be a student. There is a support group for sex assault survivors.

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The topic of the November meeting was "Being Well at Yale." The presenters were Patricia Stumpf, Asst. Director of Clinical Administration, Lisa Kimmel, Manager of the Wellness Program, and Danielle Egervari, Asst. Health Educator Wellness Program. This is not a Yale Health Plan initiative; it's a Yale Health Project. It is funded by the University--not YHP.

This group is trying to get more Yale people of all areas to participate in activities that will lead to better health. The goal is to make fitness fun. So far there are 1,246 registered participants; 17 % male and 83% female. Right now they are focusing on employees, but will then expand to students, retirees, etc.

One focus area underway is tobacco use. There are 5 classes at 3 work sites, led by 2 nurses. Nicotine replacement products are available free of charge. 56 people are enrolled with an average age of 49 and average years of smoking 28. There are 17 males and 34 females. After the first course, 90% reported quitting. After one month, 59% and after 3 months, 41%. It seems to take multiple attempts to really quit.

Student representatives at the meeting complained that access to the Yale Gym is difficult especially on weekends and evenings. At one time last year the gym was opened for a time on weekends and evenings. There was a huge response. A suggestion was made to work with local fitness places to have reduced rates for Yale people.

If you have any questions about these programs, contact Lisa Kimmel, 203-432-6162

Betty Ann Levitin
Holiday Party

Sunday, December 2

4-6 PM

Cultural Arts Center at the Whitney Center

200 Leeder Hill Drive, Hamden

Please bring a savory or sweet dish to share. We are welcoming contributions for our raffle baskets or silent auction wines. Please call Stephanie 203-389-2044, Johanna 203 248 6391 or Chaline 203-453-6304 with your contribution. Some activity chairs will coordinate theme baskets so that option is also open. All profits go to scholarships.

Significant others and friends are welcome!