

# Yale UNIVERSITY HEALTH SERVICES

## Allergy Department

Welcome to the allergy department at Yale University Health Services (YUHS). YUHS' allergy department is for students who have begun allergy immunotherapy and want to continue to receive allergy injections while they are studying at Yale University. Our department is staffed by a board certified allergist/immunologist, José Calderón, MD and highly qualified allergy nurses; Fran Batesole, RN, Elise DeMayo, LPN, and Alberta Ferrie, LPN.

Before we can begin your allergy injections we need the following information to safely provide your allergy immunotherapy. Please make an appointment with your home allergist to request the following:

- Allergy serum with proper labeling
- Shipping of your allergy serum under cold storage
- A copy of your administration/injection record or flow sheet
- A copy of your allergy diagnoses and skin and/or rast testing results
- YUHS Student Allergy Medical Treatment Plan completed and signed by your MD

### Allergy Serum

Your allergy serum must be stored at the clinic.

If you ship your allergy serum, it must be shipped under cold storage by overnight or priority mail to be delivered between Monday and Thursday between 8:30 am and 4:30 pm to:

Yale University Health Services  
Allergy Department  
Office Health Promotion and Education  
17 Hillhouse Avenue  
New Haven, CT 06520

If you bring your allergy serum with you, it must be refrigerated at all times.

### Allergy Injections

Call (203) 432-0093 before you arrive on campus to schedule an initial appointment with the allergy nurse.

At your initial appointment we will establish a schedule for your injections. Allergy injections are given on the following days:

- **Monday**      **8:30am - 4:30pm**
- **Tuesday**     **8:30am - 12:30pm**
- **Wednesday**   **2:00pm - 4:30pm**

We require all allergy patients to wait in the clinic for **30 minutes** after injections. All allergy patients with a history of reactions are required to carry an EpiPen® on the day of their injections. Please call us with any questions, (203) 432-0093. We look forward to meeting you in the fall.

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## Allergy Department

April 12, 2009

Dear Doctor:

Yale University Health Services has an allergy clinic for students who have begun allergy immunotherapy and who want to continue to receive allergy injections while they are studying at Yale University. Your patient has received information about our clinic and the steps they need to take to ensure a smooth transition from home to college.

If you want your patient to continue to receive allergy injections, please complete the attached medical information. It is important for you to know that we require all students with a history of reactions to carry an EpiPen<sup>®</sup> on the day of their allergy injections, so you may wish to prescribe this before the student arrives on campus. We also have a 30-minute waiting period following injections.

If you have any questions about our allergy clinic, please contact me or one of the nurses in the clinic. We are committed to working closely with you to ensure the safest allergy immunotherapy for your patient.

Very sincerely,



José Calderón, MD  
Chief, Allergy and Immunization  
Yale University Health Services

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## Student Allergy Medical Treatment Plan

2009 – 2010 Academic Year

**Due: July 20, 2009**

**Return by mail to:**  
 Yale University Health Services  
 New Student Forms  
 17 Hillhouse Ave.  
 P.O. Box 208237  
 New Haven, CT 06520-8237

Last Name	First Name	Date of Birth
E-mail	Phone	Gender

**Documentation to accompany this form:**

- **Diagnoses and skin and/or rast testing results**
- **Administration/injection record or flow chart**
- **Additional allergy records**

**Serum(s) to Administer**

Vial	Contents	Concentration	Strength	Mix Date	Expiration Date
1					
2					
3					
4					
5					

**History of Significant Reaction**

Date	Type of Reaction (local or systemic)	Treatment

**Order for local reaction:**

**Order for missed or late injection:**

Clinician Signature:	Telephone:	Date
Address:	Fax:	