



# International Silat Federation of America

Master Instructor Stoute – Sh. Bapak Waleed

[www.InternationalSilatFederation.com](http://www.InternationalSilatFederation.com)

## SILAT TERMS

- Adat:** Laws of conduct; In the village system, it is expected that people will comport themselves with regard for certain basic laws. It governs the seniority system in an art, the political hierarchy of the village and surrounding land, the respect due age and special talent.
- Bapak:** Spiritual Holy Man, Healer, Master Teacher, (Father).
- Djuru:** Short styling form, short hand form. Styles may be composed of any number of djurus from six to ten to twenty five or more. Tricks, techniques, timing, breath and distancing are all remembered while doing the djuru.
- Garuda:** Mythical bird, the mount of Agni (bringer of fire), eagle, associated with the aspect of the phoenix.
- Harimau:** Sumatran Tiger Style, low to the ground, creeping movement to upset opponent.
- Hormat:** Respect/loyalty/indebtedness. Gift of Hormat is the gift from the student in appreciation and respect for his time, ability and generosity in teaching the art. Ma'afghan Hormat is the deepest gesture of respect for the head of the system. The gifts of Hormat for the entering student are: a sharp knife, a chicken, tea, a length of cloth and 'the gift of gold'. The gift of Hormat for the continuing student and for the practitioner is to show his respect and appreciation for the gift of the guru to him. If a job needs doing, do it.
- Kebatinan:** Spiritual study, (spiritual studies in martial art.) The training of the martial spirit to withstand pain, overcome fear and confusion, intrude upon the opponent, personalize martial power, etc.
- Kembangan:** *literally "Flower Dance"* - The movement of the dance is a non-threatening means of practice, a form of challenge to observers to see the techniques of a rival. Movement train footwork, breathing, attack positions, skeletal interception, body torque, positional changes to various directions, etc. It is performed with a scarf, a candle, a saucer of water with a floating flower, etc. The music is provided by the Gamelan orchestra which also accompanies the fighting contests. Also, 'randai' saucer dance.
- Langka:** A series of djurus strung together to teach a particular aspect of silat.
- Majapahit:** *literally "bitter fruit"* - Empire of Indonesia which challenged Kublai Khan, controlled much of the available landscape in the 12th through the 14th centuries. Supplanted the Menangkabau Empire of Sumatra.
- Minangkabau:** *literally "people of the ox-horn"* . Originally identified with Sumatra and specifically the Southeastern end near the Straits of Sunda. They have, for centuries, provided a culture from which were drawn artists, craftsmen, holy men and councilors, fighting men and strategists, dancers and musicians, poets and explorers. They are identified with the mountains, Gunung, and are known for supple, strong leg tactics and deep postures. The kris is the knife of the adult male.
- Pentjak (Pencak):** Choreography, the study and practice of movements that may be useful for fighting, or practiced for their own uses. A means of practicing combative movement with a partner without killing.
- Pusaka:** Heirloom, holy legacy- Silek Silat Tuo is a pusaka to be preserved and passed on to the next generations.
- Selamat:** *literally "peace"* - as in Salaam, Shalom, selamat pada tua, peace to you (plural)



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## WEAPONS

- Arit:** A sickle; often used in pairs or with another weapon.
- Golok:** A broad single edged cleaver, very heavy.
- Kelewang:** A broadsword type. Other swords; pedang, rudus, pamandap
- Parang:** A cutlass style, single edged sword.
- Pisau:** A short, single edged utility knife. The basic fighting knife of all cultures.
- Kris (Keris):** A double edged 'curved/wavy' dagger of various sizes and shapes. The main weapon of the Menangkabau people. Spiritual weapon known to have mystical powers.
- Tombak:** A spear with a removable blade. The blade is used as a separate weapon when the spear is inconvenient to carry.