

LIVING IN NEW HAVEN


Local Transportation

Most postdocs live close to the Yale campus and do not need a car. Most will rely on walking, biking, rollerblading, and the Yale transit system to get to and from campus. Bike riders should wear a helmet while riding in city traffic and should also securely lock their bikes to designated bike racks; U-locks are recommended.

Yale Transit

Yale offers free transportation to and from key locations throughout the campus. Current maps and schedules are available at <http://www.yale.edu/parkingandtransit/>. In addition, each shuttle is equipped with a GPS locator, enabling you to track in real-time exactly where the shuttle is on its route. See the shuttles in motion at <http://yale.transloc-inc.com>.

Public Buses

CT Transit operates public bus service to and from the downtown area, train station and surrounding neighborhoods. The public bus is a good way to reach places like the shopping areas in Hamden and Milford or outdoor recreation areas such as Sleeping Giant Park on Whitney Avenue in Hamden or Lighthouse Park in East Haven. A one-way fare within one zone costs \$1.25 per person, payable in exact change (coins or bills). Also offered, a 10 ride ticket for \$11.25. Current bus schedules and maps are available at the New Haven Public Library on the corner of Temple and Elm Streets, the McDougal Center, Hall of Graduate Studies (HGS), 320 York Street, or the International Center of New Haven at the corner of Temple and Trumbull Streets. You can also get bus schedules on-line at <http://www.cttransit.com>, or 

624-0151.

Taxis

You must call in advance to order a taxi. You will typically have to wait anywhere between five to thirty minutes for a taxi pick-up, so it is advisable to plan accordingly. Call 1 hour ahead of time for train pick up. The rates for taxis for the state of Connecticut are \$3.25 to start your trip and then \$.28 for each additional 1/8 of a mile.

- *Metro Taxi*, 777-7777
- *New Haven Taxi*, 877-0000
- *Quick Taxi*, 777-7778
- *Yellow Cab*, 777-5555

Owning a Car in Connecticut

Connecticut state law requires you to register your vehicle with the state, purchase automobile insurance, pay city property tax on your vehicle, and make sure that your car passes regular safety and emissions inspections. You may also need to pay for parking.

Getting a Connecticut Driver's License

Once you have established residency in Connecticut, you have 30 days to transfer your out of state license (other American state, Canadian provincial license, French or German license) to a CT license. All others must take the Driver's Exam. For further information on obtaining a license and registering your car in CT, contact the Department of Motor Vehicles (DMV).

- *DMV Location & Hours*
1985 State Street, Hamden, (800) 842-8222
www.ct.gov/dmv

Hours are 8 a.m. to 4:45 p.m. Mon., Tues., Wed. and Fri. 8 a.m. to 7:00 p.m. on Thursday. 8 a.m. to 12:30 p.m. on Saturday. The offices are closed on Sunday. The DMV can be reached by car or by the M3 bus to Hamden from Elm and Temple.

Useful Resources for Car Buying

Visit the following web sites for more information on buying new or used cars.

- www.carfax.com, for information on used vehicle history reports.
- www.autotrader.com, www.bargainnews.com, newhaven.craigslist.org, to shop on-line for new or

used vehicles.

- www.kbb.com, www.edmunds.com, for useful information on average car prices.

Property Taxes

If you are a resident of New Haven, you will be required to pay annual property taxes on your car. You will receive a tax notice by mail either in January or July, depending on when you registered your car. For more information, contact the Tax Collector in downtown New Haven at City Hall, 165 Church Street, 946-8054. Residents of other Connecticut towns should contact their local government offices for property tax information.

Car Insurance

Car insurance in Connecticut can be expensive. It can cost around \$2,000 - \$3,000 per year for basic coverage for a first-time insurer. The following are a list of recommended Insurance Agencies in our area.

- *ABC Insurance*
2149 State Street, 777-1550.
- *A&S Insurance*
511 Orange Street, 776-4998; www.aandsinsurance.com
- *DeGenaro Agency*, (Nationwide), 1384 Dixwell Avenue, Hamden, 248-6337; www.nationwide.com
- *GEICO Direct*
(800) 861-8380; www.geico.com
- *State Farm*
1890 Dixwell Avenue, 288-7141; www.statefarm.com
- *Progressive*
800) 776-4737; www.progressive.com

Connecticut Driving Tips

- In October 2005, a new law went into effect prohibiting the use of handheld cell phones while driving.
- Never leave valuables in a parked car, and consider buying a "club" lock for your steering wheel or another theft-deterrent system.

Parking Downtown or on Campus

Finding parking in downtown New Haven and around the Yale campus is challenging. You will need to park in a pay lot, garage, or at a meter. Meters cost \$.25 for 20 minutes. Parking violation tickets begin at \$15. For discount meter parking (20% off), you can purchase vouchers from local merchants for all day meter parking for only \$2.50 or just \$.60 per hour. For more information on parking at Yale, call 432-9790 or visit <http://www.yale.edu/parkingandtransit>.

For a parking guide to downtown New Haven, visit the New Haven Parking Authority at 50 Union Avenue (Union Station), 946-8930, or the Town Green Special Services District Office at 169 Orange Street, Suite 709, 401-4245.

Special Notes: You can park free in any of Yale's lots after 4:30 p.m. on weekdays and all day on Saturdays and Sundays. On Sundays, major holidays, and after 6 p.m. (7 p.m. in some locations) you do not need to pay to park at a parking meter.

Parking in Your Neighborhood

Most neighborhoods (look for the zone signs on the street) allow street parking with a valid parking permit, which you can purchase for \$10 (you are also entitled to up to two visitor's passes - \$10 each) at the New Haven Parking Tag Office, 200 Orange Street, 946-2206.

Special Notes: If you do park your car on the street, even with a valid permit, make sure you understand the street cleaning schedule. Also watch out for parking bans. Signs announcing bans will be posted on trees and poles along the street, and the city of New Haven can post parking bans with as little as 12 hours notice before the ban is to begin. If you violate a parking ban, whether regularly posted or an emergency order, your car can be towed away; and you will receive a fine and a towing fee. If you do get towed, you will need to call the police parking tag division, 946-2206 for instructions on how to retrieve your car. It is quite expensive, and you will need cash. For information on changes to parking regulations during snow emergencies, tune in to your local television or radio station.

Traveling Outside of Connecticut

Getting To & From Major Airports

The closest airport is Tweed-New Haven Airport (HVN), which is a small commuter airport about 15 minutes from New Haven by car. The next closest

airport is Bradley International Airport in Hartford. Other commonly used airports by residents of CT include JFK and LaGuardia (LGA) in New York and Newark Airport (EWR) in New Jersey.

The two limousine services for getting to and from Bradley and the New York airports (travel time approx. 2 hours) are listed below. These services normally carry passengers in vans or mini-vans. The services run from approximately 6:30 a.m. to midnight. Call to get information or make a reservation before traveling. Taking a taxi to or from any of the area airports other than Tweed would be extremely expensive and is NOT recommended.

- *Connecticut Limousine*, 878-2222; <http://www.ctlimo.com>

Connecticut Limousine travels to and from Bradley International Airport in Hartford, JFK and LGA in New York, and Newark Airport in New Jersey. Show your Yale I.D. for a special discount. Drop off and pick up is at the Connecticut Limousine terminal at Sports Haven, 600 Long Wharf Drive, New Haven. You will need to take a taxi from their terminal to your home or campus. At certain times during the academic year, CT Limo will drop off and pick up at Phelps Gate.

- *Primetime Shuttle*
891-1280; <http://www.2theairport.com>
Prime Time Shuttle travels to and from JFK and LGA. Drop off and pick up is at Phelps Gate on the Yale campus.

- *Red Dot Limousine*
(800) 673-3368; <http://www.ridethedot.com>
Service Red Dot travels to and from JFK and LGA. Drop off and pick up is at the Omni Hotel or Holiday Inn.

- *Executive East Coast Car and Limo Service*,
(917) 606-1978; www.eastcoastlimousine.com
Door-to-Door Service. A driver will drop you off with your luggage at the terminal and/or meet you at arrivals with a sign, and accompany you to the waiting car. You will be driven to the address you specify.

Travel Agencies

There are many travel agencies in New Haven. Yale has two services that provide travel assistance to the Yale community for business travel needs. See <http://www.yale.edu/ytravell/> for more informa-

tion.

- *Yale Travel Services Central Campus*
55 Whitney Avenue, 432-9962

- *Medical Center Travel*
789 Howard, Tompkins East, 688-6538

Trains

Union Station, at 50 Union Avenue, runs both Metro-North and Amtrak train service. You can park your car at the garage there for \$1/hour or \$11/day. For Metro-North shoreline commuters, a new station opened on State Street that is more convenient to downtown New Haven.

- *Metro-North*
(800) 638-7646; <http://www.mta.info/mnrl>

This convenient commuter rail service runs frequent trains between New Haven and New York City. It goes directly into Grand Central Station in the center of Manhattan and is the most economical choice.

- *Amtrak*
(800) 872-7245; <http://www.amtrak.com>

This is a national train service on the east coast and beyond, and is convenient for getting to Boston, Philadelphia, Washington, D.C. and other nearby cities.

Bus Services

There are two bus services that operate from Union Station in New Haven.

- *Peter Pan*
(800) 343-9999; <http://www.peterpanbus.com>

- *Greyhound Bus Lines*
(800) 231-2222; <http://www.greyhound.com>

Ferry Services

- *Bridgeport and Port Jefferson Steamboat Co.*, 888-44-FERRY (CT calls) or 335-2040; www.bpj-ferry.com

Departs from Water Street dock, Bridgeport. Vehicle and passenger ferry service from Bridgeport, CT to Port Jefferson, Long Island, NY. They have year-round service. Crossing time is approximately 1 hour and 20 minutes.

- *Cross Sound Ferry Services, Inc.*
(860) 443-5281; <http://www.longislandferry.com>

Departs from 2 Ferry Street, New London. Vehicle

and passenger ferry service from New London, CT to Orient Point, Long Island, NY. Year-round service. Crossing time is approximately 1 hour and 20 minutes.

- *Block Island Express*
(860) 444-4624; www.longislandferry.com/bif/home.htm

High-speed passenger service only from New London. Rent a bike when you get there.

- *Block Island Ferry*
(866) 783-7996; www.blockislandferry.com

Vehicle and passenger service from the coast of southern Rhode Island.

Renting a Car

Below is a partial list of car rental companies in New Haven. Look in the telephone yellow pages under Automobile Rentals for a more complete list.

- *Avis Rent-a-Car*
(800) 230-4898; <http://www.avis.com/>

- *Budget*, 323 George Street
(800) 527-0700; <http://www.budget.com/>

- *Hertz*, 1 George Street
(800) 654-3131; <http://www.hertz.com/>

- *National Car Rental*, 255 Crown Street
(888) 826-6890; <http://www.nationalcar.com/>

- *Enterprise*, 408 Crown Street
(800) 261-7331; www.enterprise.com

Approximate Travel Times by Car from New Haven

Hartford, CT - 45 miles, 45 minutes
New York City - 80 miles, 2 hours
Boston, MA - 130 miles, 2 1/2 hours
Providence, RI - 100 miles, 2 hours
Philadelphia, PA - 180 miles, 4 1/2 hours
Washington D.C. - 330 miles, 6 1/2 - 7 hours

Safety

Yale takes safety very seriously and provides the following services to the Yale community:

- Yale maintains its own police force that works in concert with the New Haven police department. You may contact them at the numbers below:

- On-campus emergency: 111

- Lost and found: 432-4405

- Victim Services: 432-4418

- Blue security phones with blue lights above them are located throughout the campus. In case of an emergency, simply press the emergency button on the phone; and police will be dispatched to your location.

- A night shuttle service is available for transportation within the campus and to/from your home. See "Yale Transit" on Page 8 for more details.

- Uniformed walking escorts are available by calling 432-WALK.

- The Office of Environmental Health and Safety (<http://www.yale.edu/oehs> 785-3550) provides monitoring and mandatory training sessions for those who work with chemicals, radioisotopes, infectious agents, and other potentially dangerous research materials.

Postal Service

Several U.S. postoffices in New Haven are listed below. For rates, a zip code finder, and domestic and international services, visit www.usps.com

- *Yale Station*

206 Elm at the corner of High Street, 773-3454. Open 8:00 a.m. to 6:00 p.m., Monday – Friday and 8:00 a.m. to 12:00 p.m., Saturdays.

- *Main New Haven Post Office*

50 Brewery Street, 782-7000, Open 8:00 a.m. - 6:00 p.m., Monday - Friday and 8:00 a.m. – 1:00 p.m. on Saturdays.

Shipping Services

- *Federal Express*

30 Whitney Avenue, (800) 463-3339; www.fedex.com

- *United Parcel Service (UPS)*

(800) 742-5877; www.ups.com

- *UPS Store*

24 Dixwell Avenue, 772-4445; www.theupsstore.com

Shopping

You should be able to find almost everything you need within walking distance of the Yale campus, but for those with a car, explore the many shopping opportunities in the suburbs surrounding New Haven. (For more information about dining, entertainment, and shopping in New Haven, pick up a copy of the "Greater New Haven Visitor's Guidebook" at the Visitor's Bureau, 59 Elm Street.

Books & Music

- *Atticus Bookstore Café*

See listing under "Dining and Drinking."

- *Barnes & Noble*

470 Universal Drive, North Haven, 234-1805 and 109 Boston Post Road, Orange, 799-1266; www.barnesandnoble.com

- *BookTrader Café*

See listing under "Dining and Drinking."

- *Cutler's Records and Tapes*

27 Broadway, 777-6271. All kinds of compact discs - including imported titles. A very large classical selection. Good prices.

- *Labrynth Books*

290 York Street, 787-2848.

- *News Haven*

1058 Chapel Street, 624-1121. Magazines and newspapers from around the world. A great place to browse.

- *The Yale Bookstore*

77 Broadway, 777-8440; www.yalebookstore.com. Provides most of the textbooks and packets for Yale College courses. Largest bookstore in Connecticut. The bookstore also sells apparel, household items, cosmetics, posters, and has a small cafe.

Clothing

Also see "Malls and Outlets."

- *Bob's Stores*

2300 Dixwell Avenue, Hamden, 281-5441. Low

priced casual clothing. Large selection of sneakers, sweats, and other casual clothing.

- *Bon-Ton Department Store*
2300 Dixwell Avenue, Hamden, 230-0913.
Reasonably priced fashions for men, women, and children. Look for coupons in the New Haven Register.

- *J Crew*
29 Broadway, New Haven, 624-7101. Pricey but high quality apparel, shoes, and accessories.

- *Kohl's Department Store*
2380 Dixwell Avenue, Hamden, 288-8159.
Reasonably priced fashions for men, women, and children.

- *Marshall's Department Store*
2100 Dixwell Avenue, Hamden, 281-7580. Low prices on all clothing. Selection changes frequently.

- *Old Navy*
2335 Dixwell Avenue, Hamden, 230-1991. Very casual clothing.

- *T J Maxx*
2335 Dixwell Avenue, Hamden, 288-8157. Low prices on all clothing. Selection changes frequently.

Grocery Stores

- *Shaws Supermarket*
150 Whalley Avenue, New Haven, 495-9608. A complete supermarket with a pharmacy, deli and bakery. Also located in the Hamden Plaza at 2100 Dixwell Avenue in Hamden.

- *Gourmet Heaven*
15 Broadway, 787-4533 and 44 Whitney Ave, 776-0400. NY style deli and grocer with salad bar, gourmet foods and fresh flowers. Phone cards in \$5, \$10 and \$20 denominations. Open 24 hours.

- *Hong Kong Grocery Store*
67 Whitney Avenue, 777-8886. American and Chinese/Asian grocery store with fresh fruits and vegetables, seafood, and inexpensive spices.

- *Nica's Market*
603 Orange St, 787-5919. Organic products & specialty items market.

- *Super Stop & Shop*
1245 Dixwell Avenue, Hamden, 281-7220 and 2335 Dixwell Avenue, Hamden, 248-9615. Full service supermarket with pharmacy, deli, bakery, and catering.

- *Wal-Mart*
2300 Dixwell Avenue, Hamden, 230-0285, also, 315 Foxon Blvd, New Haven, 467-7509. Low prices on food, clothing, household goods, and more.

Household Goods

Also see "Thrift Shopping" and Connecticut Post Mall under "Malls and Outlets."

- *Bed, Bath, and Beyond*
2045 Dixwell Avenue, 248-3329. Everything for the bedroom, bath, and kitchen.

- *Bon-Ton Department Store*
Small appliances, towels, sheets, etc. at reasonable prices. See "Clothing" for location.

- *Christmas Tree Shops*
200 Indian River Road, Orange, 795-0060. Lamps, furniture, and decorative pieces for the home at very reasonable prices. A fun place for those who enjoy browsing.

- *Family Dollar Store*
81-95 Whalley Avenue, 624-3154. An inexpensive resource for many household goods.

- *Home Depot*
111 Universal Drive, North Haven, 234-1300. Tools, lighting, hardware, paint, and other home repair/remodeling items. Also located at 440 Boston Post Road, Orange and 1873 Dixwell Avenue, Hamden.

- *Homegoods*
68 Frontage Road, East Haven, 468-1215. Bath items, window treatments, decorative items, furniture, cookware, dishes and more.

- *IKEA*
450 Sargent Drive, New Haven, 865-4532. Decorative pieces, houseware items, LOTS of furniture, and even a restaurant.

- *Kohl's Department Store*

Small appliances, towels, sheets, etc. at reasonable prices. See “Clothing” for location.

- *Lowe’s Home Improvement*
115 Foxon Blvd, East Haven, 468-3068. Tools, lighting, hardware, paint, and other home repair/remodeling items. Also located at 50 Boston Post Road, Orange.

- *Marshall’s Department Store*
Towels, sheets, and decorative items at reasonable prices. See “Clothing” for location.

- *Pier I Imports*
2335 Dixwell Avenue, Hamden, 281-1691. Pricey decorative pieces for the home.

- *Universal Hotel Liquidators*
1060 State Street, 776-7000. <http://www.furnishcheap.com>. Excellent prices on used furniture, but the quality may be poor.

- *Wal-Mart*
Very low prices on small appliances, electronics, kitchenware, etc. See “Grocery Stores” for location.

- *Target*
Universal Drive Shopping Area, North Haven, 859-3490. Stylish and affordable household items, clothing, stationary, pharmacy, bicycles, furniture (indoor and outdoor), and much more.

Malls and Outlets

- *Connecticut Post Mall*
Milford; www.westfield.com/connecticutpost. Filene’s, Sears, J.C. Penny’s, Hallmark Cards, Dress Barn, Foot Locker, Express, Kitchens etc., The Gap, Food Court, jewelry stores, and more. Take the J7 bus to Milford from the corner of Grove and College.

- *Clinton Crossing Outlet Center*
Madison; www.premiumoutlets.com. Over 70 stores for premium discount shopping. Polo Ralph Lauren, Nike, Calvin Klein, Tommy Hilfiger, Gap, Bose, Bombay Co., and Coach to name but a few. Categories include designer fashions & sportswear, shoes, children’s fashions & toys, gifts & specialty items, housewares & home furnishings. The Food Court has places to get an inexpensive fast food lunch. Call (860) 664-0700 for more information. By

car: 30 minutes north of New Haven on I-95, Exit 63.

- *Tanger Outlets*
Westbrook, (860) 399-8656; www.tangeroutlet.com. Factory outlet stores at discount prices. Old Navy, JCrew, Sun Glass Hut, Timberline, Nine West, and much more.

Thrift Shopping

You can find some excellent deals on household goods such as couches, beds, air conditioners, kitchen items, dishes and more. Tag sales, notice board postings, classified ads and the Internet are good sources for used items.

- *Tag Sales* – Also known as garage sales, yard sales or jumbles. Prices are often very reasonable, and it is appropriate to bargain for a better price. In order to locate a tag sale, look for signs on notice boards, street corners, telephone poles, bus stops, or just about anywhere. You may also check the classified ads under Tag Sales in the New Haven Register.

- *Thrift Shops* – You can purchase used clothes and furniture at a thrift shop. Salvation Army, 274 Crown Street (near York), 776-2448, is located near campus and is a good place to start. A larger Salvation Army can be found at 1359 Dixwell Avenue, 230-2323. You can also donate items when you are moving and you no longer need them.

- *Notice Board Postings* – Make sure you check the notice boards at Yale and in local shops if you are looking for used items. You can even find deals on used cars this way.

- *Classified Ads* – Good places to start looking are the Yale Daily News, the Yale Bulletin & Calendar, and the New Haven Register.

- *The Bargain News* – A weekly publication of used items including cars, musical instruments, furniture and more. Available at a newsstand or sometimes in supermarkets. <http://www.bargainnews.com>

- *The Internet* – Yale University has several websites where people can buy and sell used items. You may also be able search for sublets and roommates. Take a look at the following: <http://www.med.yale.edu/yaxis/>

Warehouse Price Clubs

Price clubs offer deep discounts on household goods, but you have to purchase items in large quantities. The cost of membership is about \$40 per year.

- *BJ's Wholesale Club*

555 Universal Drive, North Haven; www.bjs.com

- *Costco*

1718 Boston Post Road, Milford; www.costco.com

Miscellaneous

- *Baybrook Bicycles*

234 Captain Thomas Boulevard, West Haven, 933-4576; <http://baybrookbicycles.com>. Excellent full-service bike shop. Repairs on all makes of bicycles.

- *Staples*

84 Whalley Avenue, West Haven, 773-3353. Office supply store. Also located at 2335 Dixwell Avenue, Hamden.

Pharmacies

Pharmacies are also available in most major supermarkets.

- *CVS*

215 Whalley Avenue, New Haven, 401-4661.

- *Rite Aid*

60 Whalley Avenue, New Haven, 777-3080.

- *Walgreens*

88 York Street, New Haven, 752-9586. Right next to the Yale School of Medicine. Also located at 464 Whalley Avenue, New Haven and 1191 Dixwell Avenue, Hamden.

- *Yale Pharmacy*

17 Hillhouse Avenue, New Haven, 432-0033. Located on the first floor of the Yale University Health Services building and open to members of the Yale community. They also carry many over-the-counter medications at discounted prices.

Dining and Drinking

For a city of its size, New Haven has an amazing selection of great restaurants, bars, pubs, and cafés. There are too many establishments to mention all of them by name, but several highlights are described below. Places to eat on campus are also described.

At the Yale School of Medicine

- *Atrium Cafe*

20 York St. Opposite the cafeteria in the hospital atrium. Coffee, lunch, and snacks.

- *Cappuccino's & More*

307 Cedar St., 787-0500. Coffee and snacks.

- *Hospital Cafeteria*

20 York St. The main cafeteria at Yale-New Haven Hospital. Open for breakfast, lunch, and dinner. Show your Yale I.D. for a discount.

- *Marigold's*

367 Cedar St., in Harkness Hall. Mon. through Fri. 7:30 am - 7:30 pm. Breakfast, lunch, and dinner. The main dining facility for medical students.

Other On-Campus Dining

- *Blue Dog Café*

320 York St., 432-8273. Located in the McDougal Center. Offers snacks and beverages.

- *Divinity School Refectory*

409 Prospect St., 432-3407. Continental Breakfast, 7:45 am to 11:00 am; Lunch, 11:00 am - 2:00 pm.

- *Hall of Graduate Studies*

320 York St., 432-0448. Lunch: Mon-Sat 11:30am - 1:30pm; Dinner: Mon-Sat 5:15pm - 7:00pm.

- *Joseph Slifka Center for Jewish Life's Dining Hall*

80 Wall St., 432-1134. Operated under the direction of Young Israel at Yale, an Orthodox organization. Vegetarian and organic entrées offered daily. Open to the public for breakfast, lunch and dinner Monday-Saturday (reservations are needed for the Friday night Sabbath dinner). Closed during the summer months.

- *Kline Cafeteria*

Top floor of Kline Biology Tower, 432-3402. Breakfast: 8:30 am-11:00 am; Lunch: 11:00 am - 2:00 pm.

- *School of Management*

140 Prospect St., 432-3400. Open Mon. - Fri. Breakfast made-to-order: 8:00 am to 9:30 am;

Continental Breakfast: 9:30 am to 11:00 am; Lunch: 11:00 am - 2:00 pm; Beverages & Snacks: 2:00 pm - 2:30 pm.

American

- *Blue Pearl*

130 Court Street, 789-6370. This restaurant and lounge offers creative American dishes at affordable prices.

- *Cosi*

338 Elm Street, 495-9869. Offers signature flatbread, sandwiches, pizza, salads, soups, and bagels.

- *Hot Tomato's*

261 College St., 624-6331. American and eclectic world cuisine. Live jazz on Thursdays. On the expensive side.

- *The Pantry*

2 Mechanic St., 787-0392. Inexpensive breakfast and brunch. Delicious fluffy pancakes, and excellent American coffee. Expect a line, but well worth it!

- *Sweet Relief Café*

99 Audubon St., 787-9800. Specializes in wrap sandwiches. Many tasty choices, including vegetarian and seafood. Create your own salad and fruit smoothies, too!

- *Temple Grill*

152 Temple Street, 773-1111. American Bar and Grill with a full-service outdoor patio. Order the custom salads!

- *Yankee Doodle Coffee Shop*

258 Elm St., 865-1074. A Yale tradition. Open from 5 am to 3 pm every day for breakfast and lunch - some weekdays it's open later. Very inexpensive menu featuring cheeseburgers and hamburgers.

- *Zinc*

964 Chapel St., 624-0507. Expensive but a special experience. Modern American cuisine. Reservations recommended.

Cafés

- *Atticus Bookstore Café*

1082 Chapel St., 776-4040. Very popular for book-browsing. Wonderful breads, muffins, and pastries.

Hearty soups, delicious sandwiches and more.

- *BookTrader Café*

1140 Chapel St., 787-6147. A used bookshop with a café attached. Sit for hours with a cup of coffee or tea and browse a good selection of affordable books.

- *KOFFEE? and KOFFEE 2?*

104 Audubon St., 562-5454; 276 York St., 787-9929. Coffee, tea, pastries, and light snacks available. Open until midnight on the weekends and most weeknights. Live music on Saturday nights at the Audubon location.

- *Lulu European Coffee House*

49 Cottage St., 785-9218. For those living in the grad student ghetto, Lulu's is a great place to grab a coffee and enjoy the morning sunshine.

- *Willoughby's Coffee & Tea*

258 Church St. Some tables to linger but very popular for takeout. Long, but fast-moving lines in the morning. Bagels, breads, cookies and pastries too.

- *Yale Bookstore Café*

77 Broadway, 777-8440. Coffee, tea, pastries, and light lunches. Occasional events such as live music or poetry readings.

Chinese

- *East Buffet*

2100 Dixwell Avenue, Hamden, 288-8898. Go hungry to this amazing all-you-can-eat buffet. Chinese, Japanese, and American specialties. It's cheaper at lunchtime and gets *very* crowded in the evening. "J" bus to Hamden Plaza.

- *Royal Palace*

32 Orange St., 776-6663. Quite large, this restaurant has not one but two menus and offers Cantonese, Szechuen, and Hunan styles of cooking.

- *Ivy Noodle*

316 Elm St., 562-9933. Need something healthy? Go to the Ivy Noodle for delicious homemade Singapore and Cantonese-style noodle dishes and soups. Fresh carrot, apple, celery juices and more.

Ethiopian & Eritrean

- *Caffé Adulis*

228 College St., 777-5081. Gourmet Ethiopian and Eritrean cuisines. A fun place to go for a communal eating experience. If you want to share and eat in the traditional way, have your meal served 'Ethiopian style.' Try the Shrimp Barka for a special treat.

- *Lalibela*

176 Temple St., 789-1232. Authentic Ethiopian cuisine. Excellent, inexpensive lunch buffet. Lots of delicious vegetarian choices. Finish your meal with a strong Ethiopian coffee.

French

- *Le Petit Café*

225 Montowese Avenue, Branford, 483-9791.

Excellent food that is continually rated as a great value for fine dining.

- *Union League Café*

1032 Chapel St., 562-4299. Elegant atmosphere and excellent food prepared by a chef who trained in France, but pricey.

Greek

- *Town Pizza*

25 Whitney Avenue, 865-6065. This casual place is very busy during the lunch hour. Have a souvlaki sandwich with a side of Greek salad or try the spinach pie and Greek salad combination for a filling meatless lunch. American specialties and good pizza, too.

- *Yorkside Pizza Restaurant*

288 York St., 787-7471. American and Greek specialties. Popular student hangout. Good prices. Good food. Good pizza. Open lunch, dinner and late night. Mon. to Thurs. 11 am - 1 am and Fri. - Sat. 11 am - 2 am.

Ice Cream

- *Ashley's Ice Cream Café*

280 York Street, 776-7744.

- *Caffé Bottega*

908 Chapel Street, 624-6200. Has Gelato, an Italian version of ice cream

- *Chapel Sweet Shoppe*

1042 Chapel Street, 624-2411.

- *Clark's Dairy Luncheonette*

74 Whitney Avenue, 777-2728.

- *Cold Stone Creamery*

163 Temple Street, 785-1555.

- *Tasti D-Lite*

45 High Street, 503-0717.

Indian

- *Royal India Restaurant*

140 Howe St., 787-9493. Inexpensive, delicious food in a cozy atmosphere. The very inexpensive Friday through Sunday lunch buffet is quite popular with Yalies.

- *Zaroka*

148 York St., 776-8644. Delicious food. Try the popular chicken tikka masala or sample one of the delicious south Indian specialty dishes like sada dosa or dahi wada.

- *Tandoor*

1226 Chapel St., 776-6620. This place used to be a diner, and although it still looks like one, the food is authentic and quite good. They offer carry-out and free delivery.

- *Thali*

4 Orange Street, 777-1177. Upscale, sophisticated cuisine unlike anything you'll experience in a typical Indian restaurant. Pricey menu.

Irish

- *Anna Liffey's Irish Pub & Restaurant*

17 Whitney Avenue, 773-1776. Shepherd's pie, Irish breakfasts, fish and chips and more. Very popular underground pub scene, and a decent happy hour.

- *The Playwright*

144 Temple St., 752-0450. Lunch and dinner 7 days a week, daily happy hour, dancing Thursday-Sunday nights.

Italian

- *Scoozi Trattoria & Wine Bar*

1104 Chapel St., 776-8268. Nice for a special dinner and outdoor dining. On the expensive side, but the lunch prices are more reasonable. Reservations recommended.

- *Libby's Italian Pastry Shop*
139 Wooster St, 772-0380. Go for coffee, Italian pastries or an Italian ice after a pizza dinner on Wooster St. Very lively weekend evening scene.

- *Lucibello's Italian Pastry Shop*
935 Grand Avenue, 562-4083. Excellent Italian-style bakery.

Japanese

- *Akasaka*
1450 Whalley Avenue, 387-4898. Excellent food and great atmosphere.

- *Daiko*
400 Derby Avenue, 392-3626. A great sushi restaurant near the Yale Bowl.

- *Miso*
15 Orange St., 848-6472. Very fresh fish. Authentic nigiri sushi and good tempura. Well priced lunch specials.

Korean

- *Seoul Restaurant*
343 Crown St., 497-9634. Serves traditional Korean dishes and Korean barbecue. If you like raw fish, try the sashimi bibimbop. Has a sushi bar, too.

Latino/Carribbean

- *Ibiza*
39 High Street, 865-1933.
- *Pacifico*
220 College Street, 772-4002. Especially known for its fish dishes.

- *Saoco Cocina Latino & Mojito Bar*
456 Forest Road, West Haven, 389-0038.

Malaysian

- *Bentara Restaurant*
76 Orange St., 562-2511. An elegant atmosphere, but pricey. Beautifully prepared and presented Malaysian dishes. Go for a special occasion.

- *Gunung Tahan*
1451 Whalley Avenue, 389-1280. Said by one Malaysian student to be the best Malaysian restaurant

in New Haven.

Mexican

- *Guadalupe La Poblanita*
136 Chapel Street, 752-1017. This is where the Mexicans go to eat. No kidding. Very inexpensive and excellent. Try the chiles rellenos, chicken mole, roast pork, or cabrito. Closed Tuesdays.

- *The Whole Enchilada*
21 Whitney Avenue, 772-4454. Bigger-than-your-head Cal-Mex Style burritos, tacos, chili and more. Good for a quick lunch. Vegetarian and vegan offerings too.

Middle Eastern

- *King Falafel*
240 College St., 848-3076. Super-fresh falafel and assorted salads. Try the "Super Falafel." Open until 3 am Thurs. - Sat.

- *Mamoun's Falafel Restaurant*
85 Howe St., 562-8444. Low prices and good Lebanese food. Open until 3 am 365 days of the year.

- *Sahara*
170 Temple St., 773-3306. A delectable variety of vegetarian and meat Middle Eastern Syrian-style specialties as well as pizza by the slice or pie.

Pizza

- *BAR*
254 Crown St, 495-1111. It has been said that the pizza chef at BAR was originally trained at Sally's. They serve the same super-thin crust with traditional or more inventive toppings - like their "mashed potato pizza."

- *Modern Apizza*
874 State St., 776-5306. As good as Sally's and Pepe's, but with shorter lines! Closed Mondays.

- *Pepe's*
157 Wooster St., 865-5762. Go to their next door location for much shorter lines. This pizza rivals Sally's and is definitely worth the wait.

- *Sally's Pizza*
237 Wooster St., 624-5271. Traditionally considered New Haven's best pizza. Expect very, very long

lines for this thin-crust pizza experience. Closed Mondays.

Seafood

- *Captain's Galley*
19 Beach Street, West Haven, 932-1811.

- *Jimmy's of Savon Rock*
5 Rock Street, West Haven, 934-3212

- *Lenny's Indian Head Inn*
205 S. Montowese Avenue, Branford, 488-1500.
For an authentic New England seafood dinner, in a very casual, rustic place on the shoreline, don't miss Lenny's. A little expensive depending on what you order, but worth it.

- *Pacifico*
220 College Street, 772-4002.

Soul Food

- *Sandra's*
46 Whitney Avenue, 787-4123. The place to go for fried chicken, smothered pork chops, and macaroni and cheese.

Thai

- *Bangkok Gardens*
172 York Street, 789-8684. Good Thai food in a nice downtown location. Try the Pad Thai or crispy duck.

- *Kudeta*
27 Temple Street, 562-8844. Not really straight up Thai, this is Asian fusion cuisine at its very best. A bit expensive, but worth it.

- *Thai Pan Asian Restaurant*
1150 Chapel Street, 624-9689. Delicious Thai food in a really lovely space (ask if the back porch is open during nice weather!) Lunch buffet that shouldn't be missed.

- *Thai Taste*
1151 Chape Street, 776-9802. Another great place to experience Thai food in New Haven.

Turkish

- *Istanbul Café*
245 Crown St., 787-3881. Features Turkish specialties. You could have a whole meal ordering the deli-

cious appetizers.

Vegetarian

- *Claire's Corner Copia*
1000 Chapel St., 562-3888. Hearty vegetarian lunches. Inexpensive and casual with outside tables in the summer. Varied menu that includes pita sandwiches, pasta dishes, soups, delicious cakes, and fruit smoothies.

Vietnamese

- *Pot-au-Pho*
77 Whitney Avenue, 776-2248. Noodle dishes, soups, fresh rolls, lemon grass marinated chicken, grilled pork, tofu & veggies, and so much more.

Arts & Music

Dance Clubs

New Haven has numerous dance clubs, many of which change names and music styles so frequently that it's hard to describe them. Just go to Crown St. on a Thursday, Friday, or Saturday night to check out all the action. There is one club which doesn't change like the weather and which is definitely worth visiting:

- *Gryphon's Pub* (also known as the *GPSCY*)
204 York Street, 432-2638. The Graduate and Professional Student Center at Yale (GPSCY) owns and operates this dance club and bar. Weekly dances and other events are open to students and postdocs. Open Tues.-Thurs. 8 pm - 1 am and Fri.-Sat. 8 pm - 2 am.

Movies and Videos

- *Best Video*
1842 Whitney Avenue, Hamden, 287-9286; www.bestvideo.com. The most comprehensive collection of videos for rent in Connecticut. Impressive selection of foreign and hard-to-find titles. Can return films to a drop box located outside of the Yale Bookstore on Broadway or in front of Lulu's at 49 Cottage St.

- *Blockbuster Video*
956 Chapel St., 562-4601. New releases, mainstream video, and some foreign films.

- *Hollywood Video*
495 Orchard (across from Shaw's Supermarket on Whalley), 772-3331. All rentals are 5 days.

- *New Haven Public Library*

133 Elm Street. At the corner of Temple and Elm. You can checkout videos for one week at no charge. Bring proof of New Haven residency (a copy of your lease or a recent utility bill) and your I.D. to sign up for a library card.

- *Criterion Cinema*

86 Temple Street, 498-2500. Shows some first run feature films.

Additional theaters are located in North Haven, Branford, Milford, and Orange. See the New Haven Advocate or New Haven Register for locations and movie schedules.

Museums

- *Peabody Museum of Natural History*

170 Whitney Avenue, 432-5050, <http://www.peabody.yale.edu>. Features a permanent collection of dinosaur fossils. Interesting for kids and adults alike.

- *Yale British Art Museum*

1080 Chapel St., 432-2800, <http://www.yale.edu/ycba> Houses the most comprehensive collection of British art outside of Britain.

- *Yale University Art Gallery*

1111 Chapel St., 432-0600, <http://www.yale.edu/artgallery> With its impressive and diverse collection, the Art Gallery is the center for Yale's museum training and scholarly research in art history.

Music

- *International Festival of Arts & Ideas*

<http://www.artidea.org/>. Art, music, theater, and more. Performers from around the world.

- *New Haven Symphony Orchestra*

<http://www.newhavensymphony.com/>. The fourth oldest symphony orchestra in America, NHSO plays in Yale's Woolsey Hall and throughout CT. Visit the website for the schedule and pricing.

- *Yale Music*

www.yale.edu/music. Visit the website for info about the Yale Philharmonic Orchestra, Chamber Music Society, Faculty Artist Series, and Opera.

Theater

- *Long Wharf Theater*

222 Sargent Drive, 787-4282. <http://www.longwharf.org>. Quality regional theater. They offer last minute "rush" tickets on the day of the show. Call 787-4284 x233 for more information on the volunteer usher program.

- *Shubert Theater*

247 College St., 562-5666. <http://www.shubert.com>. Presents the best of Broadway, dance, opera, cabaret and family entertainment.

- *Yale Cabaret*

217 Park St., 432-8338. <http://www.yale.edu/cabaret>. Theater by Yale Drama School students in an intimate basement theater/restaurant setting. You never know what you are going to find, but even at its low points, it's always a fun evening out. Have a casual dinner, desserts, drinks, and see a show.

- *Yale Repertory Theater*

1120 Chapel St., 432-1234, www.yalerep.org. Yale students and faculty practice their craft at 'the Rep' in usually very unorthodox performances. Season passes available. 'Pay-what-you-will' on Mondays.

- *Elm Shakespeare Company*

<http://www.elmshakespeare.org/> Nighttime outdoor theater in Edgerton Park. Mid-August through Labor Day.

Sports and the Outdoors

- *East Rock Park*

East Rock Rd. between State St. and Whitney Avenue A 400 acre park for biking, hiking, jogging, and picnicking.

- *Edgerton Park*

Cliff St. off Whitney Avenue For walking and picnicking plus summer concerts and theater.

- *Farmington Canal Trail*

Seven mile long wooded trail for biking, jogging, and rollerblading. It starts at Skiff St. in Hamden and goes to Cornwall St. in Cheshire.

- *Hammonasset State Park & Beach*

919 acres of wetlands, trails, and beaches.

Offering swimming, boating, fishing, jogging, biking, and camping. 1 mile south off Exit 62 on 95 N in Madison. They charge for parking, so bring cash!

- *Ingalls Rink*

Corner of Prospect and Sachem Street, 432-0876. Open for recreational ice skating October through April. No rentals; you need your own skates.

- *Lighthouse Point Park*

2 Lighthouse Road (at the end of Townsend Avenue), 946-8019. Swimming, nature trails, picnic area, and antique carousel in pavilion. Free parking for New Haven residents. \$10 seasonal parking fee for all others. Get there by car (15 mins.), bicycle (30 mins.), or take the G2 bus from Chapel and College.

- *Ralph Walker Skating Pavilion*

1080 State St., 946-8007. Ice skating rink reachable by car or M bus. Skate rentals available. Open approximately mid-December through mid-March.

- *Sleeping Giant Park*

Whitney Avenue in Hamden. 33 miles of hiking trails going up Sleeping Giant Mountain. Wooded picnic area at the base of the mountain. Go north on Whitney Avenue 8 miles, or take the J3 or J4 bus from Church and Center in downtown New Haven to the Mt. Carmel stop.

- *Yale Corinthian Yacht Club*

Short Beach, Branford. <http://www.yale.edu/ycycl/>. Offers seasonal memberships for recreational and competitive sailing.

- *Yale Cullman-Heyman Tennis Center*

73 Derby Avenue; <http://yalebulldogs.cstv.com/facilities/faccullman.html>. The center includes 5 clay courts and 4 indoor courts. Offers tennis clinics for adults and group lessons for children.

- *Yale Golf Course*

Conrad Drive, 392-2306; <http://yalegolfcourse.com>. An 18-hole championship course, putting greens and driving range. Considered one of the nation's finest.

- *Yale Outdoor Education Center*

East Lyme, CT, 432-2492. The center, about 45 miles from New Haven, very uncrowded and a real treat, consists of 200 acres of woodlands and a lake for

swimming, canoeing, and fishing. Cabins and campsite rentals are available.

- *Yale Payne Whitney Gym*

70 Tower Parkway, 432-1444. <http://www.yale.edu/athletic/Facility/Pwg/history.htm> Yale's extensive gym facility houses two pools, squash courts, racquetball courts, an indoor jogging track, a weight training complex, and exercise and dance classes.

- *Yale Polo and Equestrian Center*

70 Central Avenue, 432-1431. The center contains 62 stalls, an indoor arena, and outdoor riding facilities. Lessons for adults and children at all ability levels are offered.

- *Team Sports and Intramurals*

<http://yalebulldogs.cstv.com/intramurals/yale-intramurals.html>. Soccer, basketball, volleyball, softball, field hockey and more.