

BENEFITS

Health Coverage and other Major Benefits

Policies regarding health coverage, vacations, leaves, and tuition assistance are described in Section 2 of the *Postdoctoral Policies* found in the Appendix. Additional benefits available to postdocs are described below. Questions about benefits should be directed to the Yale Benefits Office at 432-5550.

Yale University Health Services (YUHS)

17 Hillhouse Avenue, www.yale.edu/uhs, 432-0246, toll-free (U.S. & Canada), (877) 947-2273

Sometimes described as a ‘mini-hospital’, located on campus at the University Health Services Center, 17 Hillhouse Avenue. Those who are insured on the Yale Health Plan can go there for routine doctor visits, medical tests, and 24 hour Urgent Care. A pharmacy, 23-bed inpatient care facility, and many specialty clinics such as Allergy, Dermatology, Orthopedics, Travel Clinic, etc. YUHS’s services can be found in the Yale Health Plan Student Handbook or Member Handbook, available through the YHP Member Services Department, 432-0246 or online.

Gym and Library Privileges

All postdoctoral appointees and their spouses are eligible to use Payne Whitney Gym and other athletic facilities for a fee. Call the Payne Whitney Membership office at 432-2474 for more information about membership fees.

Library access, as well as access to online journals from the Yale network.

Student Loan Deferral

Some student loans from U.S. lending institutions are eligible for payment deferral during your post-doctoral training. Postdoctoral fellows and associates should bring loan deferment forms to your departmental business offices for signature approval. At the present time, some departments may not yet have a designated representative to approve your deferral. Contact the Postdoctoral Affairs office nearest you if this is the case.

Additional Benefits for Postdoctoral Associates

Postdoctoral associates are also eligible to participate in the Flexible Benefits plan, the Yale retirement plan (if over 35 or if appointed as an associate for 2 years or more), the Employee Assistance Program, and the Yale Homebuyer's plan. The Homebuyer's plan provides financial assistance to those who purchase a home in specially designated neighborhoods in New Haven. Contact Bill Carney, manager of the program, at 432-5535 for more information. Visit <http://www.yale.edu/hronline/benefits/> for information on any of the above benefits programs.