

Route Descriptions

6 Day trips: White Mts. of NH, Green Mts. Of Vermont, Catskills of NY, Berkshires of MA.

White Mountains of New Hampshire: The White Mountains are in northern New Hampshire and include much wilderness. The terrain is rugged and mountainous with some alpine zones. The highest mountain is Mt. Washington, which is 6,288 ft. high. The region has numerous streams and ponds. The region is mostly forested--there is a wide range of habitats, but the spruce-fir forest dominates the higher elevations. The hiking here is strenuous.

Green Mountains of Vermont: The trail you will be hiking on is a picturesque section of the National Scenic Appalachian Trail that runs from Georgia to Maine. There are panoramic views, rocky ravines with beautiful cascades and dense forests.

Catskill Mountains of New York: They are in a large state park of over 229,000 acres created in 1885. It is a hilly to mountainous region with 33 peaks over 3,500 feet. (Remember in the East this is high!) It has steep sided valleys, rocky ravines, lakes and dense forests. It is approximately 90 miles north of New York City and because of this proximity it has a rich history of legends, the most famous perhaps being Rip Van Winkle.

Berkshires of Massachusetts: The trail you will be hiking on is a picturesque section of the National Scenic Appalachian Trail that runs from Georgia to Maine. This section goes over several peaks. There are panoramic views, rocky ravines with beautiful cascades and dense forests. Some of the trails will be hiking over Mt. Greylock, the highest peak in Massachusetts.

4 Day Trips: Green Mountains of Vermont, Appalachian Trail in NW CT, Blue Trail in NE CT

Green Mountains of Vermont: The trail you will be hiking on is a picturesque section of the National Scenic Appalachian Trail that runs from Georgia to Maine. There are panoramic views, rocky ravines with beautiful cascades and dense forests.

Appalachian Trail in northwest Connecticut: The AT that runs through northwestern Connecticut is a picturesque section of the National Scenic Trail that runs from Georgia to Maine. This section goes over several peaks including the highest peak in Connecticut, Bear Mountain. There are panoramic views, rocky ravines with beautiful cascades and dense forests.

Blue Trail through the Yale Forest in northeast Connecticut: The Blue Trail that runs through northeastern Connecticut is a picturesque section of a trail system that runs throughout the state of Connecticut. This section has less strenuous hiking. There are interesting rock outcroppings and ravines with beautiful streams and dense forests. There are also some great swimming ponds and lakes. You will be hiking through the Yale Forest during part of your trip. The routes in the Yale Forest are easy, but you should still prepare for some good hiking!